

## Post Operative Advice Full Thickness Skin Graft

### Graft Site

- You will return from theatre with a plaster cast if the graft is on a limb, or quite a large dressing if it is on any other area of the body. The cast will come off in 5 – 7 days. Other dressings will be left intact until your next office visit following discharge.
- After the effects of the local anaesthetic wear off, you may experience some pain at the site of your operation. You should take Panadol or Panadeine or your prescribed medication as the anaesthetic is wearing off to maintain adequate pain control.
- The graft is very fragile. Care must be taken not to disturb it.
- If the skin graft is to the face, avoid bending over or any strenuous activities, as this adds pressure to the area and may promote bleeding under the graft.
- If Panadol or Panadeine does not provide adequate relief, please notify us.
- Any excessive bleeding or ooze from dressing should be reported immediately to A/Prof Coombs' office. Tel 9591 0714

### Donor Site

- Any dressings on this area should be left intact until your post operative visit. If there is no dressing, gently wash the area when bathing and keep clean and dry.
- Please ring the A/Prof Coombs' office on 9591 0714 for your post operative appointment if you have not been provided with one.

**A/Prof Christopher Coombs**  
FRACS (Plast)  
Plastic, Hand & Cosmetic Surgery  
Chief, Plastic & Maxillofacial Surgery  
Royal Children's Hospital  
Melbourne, Australia

883 Hampton Street  
Brighton 3186  
Tel: 9591 0714  
Fax: 9593 3514

 Member  
Australian Society  
of Plastic Surgeons