

POST OPERATIVE ORDERS

Minor Operation – Brighton Rooms

- Following the procedure, you are advised to rest as much as possible for the remainder of the day.
- Be careful of the anaesthetised area. Do not knock, squash or rest against hard or sharp surfaces for long periods of time.
- After the effects of the local anaesthetic wear off, you may experience some pain at the site of your operation. You should take Panadol or Panadeine as the anaesthetic is wearing off, before it becomes too painful.
- If Panadol or Panadeine does not provide adequate relief, please notify us.
- **Leave all dressings clean, dry and intact until your next visit.**
- If your dressings get wet or blood soaked (slight bleeding at your wound site is not uncommon), please contact us to arrange a time to have your dressings changed.
- Avoid any strenuous activities until your next appointment.
- For facial procedures, avoid bending down as this adds pressure to the area and may promote bleeding from the wound.
- If you have any questions regarding your recovery, or during the time prior to your post operative appointment, please contact the Brighton rooms of Mr Coombs on 03 9591 0714.
- During your post operative appointment in our office, your dressings will be changed and pathology results discussed.

Name:

Date:

Time:

A/Prof Christopher Coombs

FRACS (Plast)
Plastic, Hand & Cosmetic Surgery
Chief, Plastic & Maxillofacial Surgery
Royal Children's Hospital
Melbourne, Australia

883 Hampton Street
Brighton 3186
Tel: 9591 0714
Fax: 9593 3514

 Member
Australian Society
of Plastic Surgeons