

Post Operative Advice Split Skin Graft

Graft Site

- When you return from theatre you will have a dressing over the graft site, which will probably be bandaged and one over the donor site.
- The graft is very fragile. Care must be taken not to disturb it. Dressings will be left intact either until your discharge from hospital or your next appointment at the rooms in 7 days.
- If the skin graft is to the leg, keep the leg elevated when sitting and rest as much as possible. Please wear your "Tubigrip" stocking day and night. This will assist in the taking of the graft. Do not stand for lengthy periods of time.
- After the effects of the local anaesthetic wear off, you may experience some pain at the site of your operation. You should take Panadol or Panadeine as the anaesthetic is wearing off to maintain good pain control.
- If the Panadol or Panadeine do not provide adequate relief, please notify the hospital or your anaesthetist.

Donor Site

- Leave the dressing intact, it is waterproof so the area can be bathed. This area may prove to be tender but the Panadol/ Panadeine should provide adequate relief.
- The dressing may leak, should this occur, please contact the hospital or A/Prof Coombs' office to arrange a time to have your dressing changed.
- Once the donor site has healed, the new skin will be fragile for a couple of months. Protect the area from sun exposure, friction and knocks for this period of time. Massage with a moisturising cream 2-3 times a day.
- The redness in the new skin will fade over the next few months.
- You should have been provided with a post operative appointment. Please contact the Brighton office of A/Prof Coombs on 03 **9591 0714** if you have any concerns.

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