

Post Operative Advice General Anaesthesia or Local Anaesthesia with Sedation

In the first 24 hours following your procedure, you must **NOT**

- Drive a car
- Take control of machinery or hazardous appliances
- Sign important or legal documents
- Consume alcohol
- Engage in any sporting or strenuous activities or do any heavy lifting

NAUSEA/VOMITING : Less common with modern Anaesthesia. If it does occur, it is usually of short duration. If nausea persists, maintain fluids and avoid heavy foods. If vomiting persists, contact the hospital.

DISCOMFORT/BRUISING AT THE INJECTION SITE : May occur due to irritation of the vein from the needle or drugs injected. This may persist for several days.

MUSCLE PAINS : May be experienced up to 48 hours following your anaesthetic. They occasionally are brought about by one of the anaesthetic drugs and can be minimised by rest and if necessary, mild pain relieving drug.

SORE THROAT : May occur and is usually of short duration. It should settle within 24 - 48 hours.

DISTURBED ABILITY TO CONCENTRATE : This should settle within 24-48 hours. This phenomenon is of no consequence and should pass without any lasting effect. Children are sometimes irritable for a short time following a general anaesthetic.

Any ongoing disturbances should be reported to the hospital where the procedure was performed, your anaesthetist, or to us in A/Prof Coombs' rooms. Please feel free at any time to contact us on **95910714**.

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