

Post Operative Advice Endoscopic Brow Lift

- When you return from theatre you may have a light bandage around your head. Often there are no dressings and a plastic spray has been used to protect your wound so that you can have short showers.
- You will have short suture lines within your hair line. These will be removed in approximately 10 days.
- You may be able to feel a bump on your scalp, usually one on either side. These will slowly resolve over time.
- You can wash your hair gently under the shower, avoiding long hot showers.
- Avoid bending over, sneezing and any strenuous activities until otherwise instructed.
- Keep your head elevated on 2 pillows when lying down. This helps to reduce any swelling in the operative area.
- Avoid exposure to sunlight. Use sunblock daily.
- If your eyes become irritated, cleanse with cotton wool and saline.
- If you experience pain, take Panadol or Panadeine. If this does not provide adequate relief, please notify us.
- After your sutures have been removed and your wounds checked, a follow up appointment will be made for 6 weeks to make sure everything has settled and you are happy with the results.
- Report any excessive discomfort or bleeding and if you have any questions regarding your recovery, please contact the Brighton office of A/Prof Coombs on 03 9591 0714.

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